

**The Undetected
Rapist**
Keeping Ourselves Safe

David Lisak, Ph.D.

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**Understanding the
reality of sexual
violence is the first step
is keeping ourselves
safe**

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Rape



Reality



Mythology

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Mythology:
Most rapes are stranger attacks



Ski Mask
Knife
Blitz Attack
Brutal Injuries
Strangers

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Reality:

Most rapes are non-stranger attacks



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This slide features three photographs of men. The first is a man with a beard and short hair. The second is a man in a dark suit and tie. The third is a man in a light-colored suit reading papers. The text above the photos states 'Reality: Most rapes are non-stranger attacks'.

Most Victims do not Report



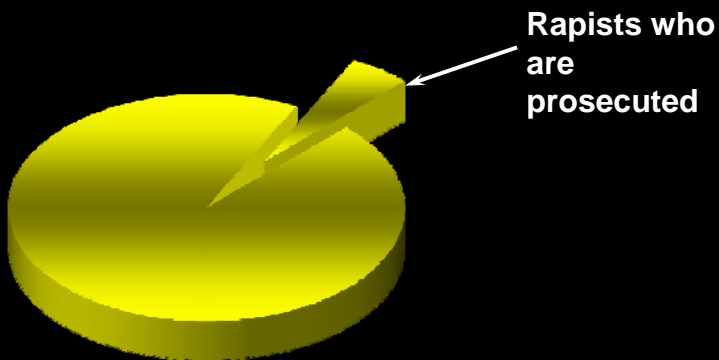
Rape victims who report

Rape victims who do not report

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A 3D pie chart with a yellow surface. A very small slice is cut out and labeled 'Rape victims who report'. The rest of the pie is labeled 'Rape victims who do not report'.

Most Rapists are Never Punished



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False Stereotypes about Rapists



"Nice Guy"
Drank too Much
Miscommunication
Unpremeditated
Won't Happen Again



Ski Mask
Knife
Blitz Attack
Brutal Injuries
Strangers

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Psychological & Neurobiological Impact of Non-Stranger Rape

**Non-stranger rape
victims suffer the
same spectrum of
symptoms as stranger
rape victims...**

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Posttraumatic Stress Disorder

Depression

Sleep Disturbance

Suicidal Thoughts

Sexual Dysfunction

The “Frank” Tape

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**The reality about non-
stranger rapists:**

Research Findings

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Implications of Research on Undetected Rapists

The Typical Rapist:

Does not use a weapon

Uses instrumental, not gratuitous violence

Has access to consensual sex

From all racial & ethnic groups

Is not mentally ill



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Implications of Research on Undetected Rapists

The Typical Rapist:

Plans & premeditates his attacks

Uses multiple strategies to make victim vulnerable

Uses alcohol deliberately



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Alcohol as a Weapon

From an Internet Site...



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Alcohol as a Weapon



The next scenes show the woman unconscious and naked, with the rapist manipulating her legs to facilitate the rape

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FBI Data on Serial Rapists

1. Premeditation is the norm
2. “Con” attack more common than “blitz”
3. 84% use minimal or no force
4. Verbal threats & threatening posture used to control victims
5. About 75% of their victims offered no physical resistance



Hazelwood, R. & Warren, J. (1990). The Criminal Behavior of the Serial Rapist. FBI Law Enforcement Bulletin.

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Common Characteristics of Incarcerated & Undetected Rapists

- Angry at women
- Need to dominate women
- Believe in rape myths
- Hold hypermasculine attitudes
- See “intimate” violence as normal
- See women as objects to be conquered
- Have deficits in empathy



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**The reality about non-
stranger rapists:
Most are serial offenders**

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**Serial Rape by Undetected
Rapists:
A Boston-Area Study**

1,882 Men Assessed: 120 Rapists

63% were serial offenders

Serial Offending by Undetected Rapists

14% - other forms of sexual assault

17.5% - sexual abuse of children

10.8% - physical abuse of children

38.3% - battery of intimate partners

58% - were “crossover” offenders

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Serial Offending by Undetected Rapists

49 sexual assaults

483 rapes & attempted rapes

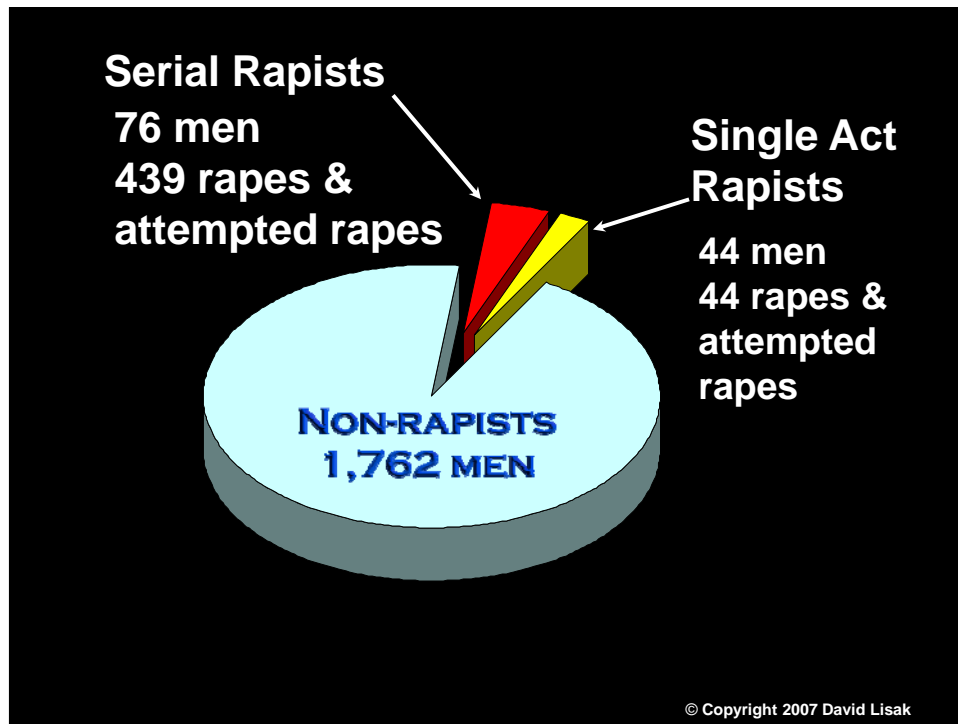
95 acts physical abuse of children

319 acts sexual abuse of children

275 acts of battery

Total: 1,221 offenses

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Violence Committed by Serial Rapists

The 76 Serial Rapists Committed:

- 49 sexual assaults
- 439 rapes & attempted rapes
- 66 acts physical abuse of children
- 277 acts sexual abuse of children
- 214 acts of battery

Total: 1,045 offenses

Violence Committed by Serial Rapists

Average # violent offenses committed by serial rapists



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Serial Rape by Incarcerated Rapists

Abel et al., 1987:
126 rapists committed
907 rapes against 882 victims

Weinrott & Saylor (1991):
37 rapists charged with 66 rapes
later admitted to 433 rapes

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Patterns of Violent Crime

From 30-year longitudinal study:

- Hard-core predators few in number and rarely punished
- 7% of study cohort committed 66% of all violent crimes & 75% of all rapes
- Predators committed 12 crimes for every arrest

Paul E. Tracy, Marvin E. Wolfgang and Robert M. Figlio, *Delinquency Careers in Two Birth Cohorts* (New York: Plenum Press, 1990).

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Tracking the Career of a Serial Rapist

Reinaldo Rivera



- 10 year career
- More than 200 rapes – almost all of them non-stranger
- Perfected a very sophisticated MO
- Became serial killer to hide his trail

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**The reality about non-
stranger rapists:**

**Most are “crossover”
offenders**

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**Crossover
Offending**

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Crossover Offending The Data

Weinrott & Saylor, 1991

- 32% of rapists sexually assaulted a child
- 34% of extrafamilial molesters also incest offenders
- 50% of intrafamilial offenders also assaulted outside the home

Weinrott, M.R., & Saylor, M. (1991). Self-report of crimes committed by sex offenders. *Journal of Interpersonal Violence*, 6, 286-300

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Crossover Offending The Data

Abel et al., 1988

- 49% of rapists sexually assaulted a child
- 66% of intrafamilial offenders also assaulted outside the home

Abel, G. G., Becker, J. V., Cunningham-Rathner, J., Mittelman, M., & Rouleau, J. L. (1988). Multiple paraphilic diagnoses among sex offenders. *Bulletin of the American Academy of Psychiatry and the Law*, 16, 153-168.

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Crossover Offending The Data

O'Connell, 1998

- **64% of rapists sexually assaulted a child**
- **59% of intrafamilial offenders also assaulted outside the home**

O'Connell, M.A. (1998). Using polygraph testing to assess deviant sexual history of sex offenders. Doctoral dissertation, U. of Washington, 1998. Dissertation Abstracts International 49 MI 48106

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Crossover Offending The Data

Heil, Ahlmeyer, Simons & English, 2003

- **Using the polygraph...**
- **82% of child offenders admitted to assaulting adults**
- **50% of adult offenders admitted to assaulting children**

Heil, P., Ahlmeyer, S., & Simons, D. (2003). Crossover Sexual Offenses. *Sexual Abuse: Journal of Research and Treatment*, 15(4), 221-236

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Crossover Offending The Data

Wilcox & Sosnowski, 2005

- Using the polygraph...
- 50% of child abusers admit to both incest and extrafamilial abuse
- 66% of rapists also admitted to sex offenses against children
- 43% of all admitted to sadistic sexual interests

Wilcox, D.T. & Sosnowski, D.E., (2005). Polygraph examination of British sexual offenders: A pilot study on sexual history disclosure testing. *Journal of Sexual Aggression*, 11, 3-25.
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Crossover Offending A Tragic Case Example

Colorado, February 2005:



- Convicted child molester
- Questioned in new rape spree
- Admitted to new molestation
- Released – because he was not a “rapist”?

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Crossover Offending A Tragic Case Example

Rape Spree (known victims)



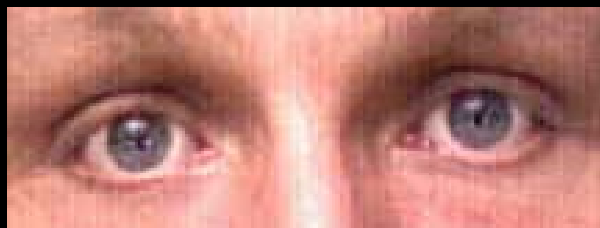
- 5 women, ages 25 – 67
- male child, age 8
- 2 female children, age 11
- October, 2005: 1,300 years

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Why We Call Them Predators

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- 1. Identify a vulnerable group/class of children**
- 2. Identify venue where that group can be approached**
- 3. Identify children within that group that are uniquely vulnerable**
- 4. Make contact with targeted children and begin grooming**

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- 1. Single-mother families**
- 2. Needy children**
- 3. Focus mostly on boys**
- 4. Groomed mother first, then child**

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The Words of a Predator



Bill Price, 59, convicted sex offender and former Sunday school teacher:

“It was just like a hunt for me. I kept choosing children because they were easier prey; they were easier to deal with than women.”

“For Convicted Sex Offenders, a Dispute over Therapy’s Benefits,” New York Times, March 6, 2007

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Sex offender posed as pupil, police say

Man, 29, allegedly attended two Ariz. middle schools



By Chris Kahn, Associated Press | January 25, 2007
PHOENIX -- A convicted sex offender attended at least two Arizona middle schools, sat through seventh-grade courses, and turned in homework as he moved around the state pretending to be 12 years old, officials say.

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**The reality about non-
stranger rapists:**
**Understanding the
Mechanics of Predation**

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Phase I
Target Selection

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Phase II Grooming

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Personal Space

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Personal Space

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What happens when you crowd someone's personal space?

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One possibility...

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Another possibility...Fear

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Predators can be very good at detecting the subtle signs of prior trauma.

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Victims of prior trauma are likely to react to the predator's intrusions with subtle signs of fear generated by a hyper-reactive amygdala.

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When the Predator Moves in...



- **Manipulates social expectations**
- **Exploits target's passivity, fear, naiveté, desire to please, need to fit in**
- **Increases his interpersonal control while plying her with drinks**

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Phase III

Increase Vulnerability

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There are scores of drugs being used to magnify the effects of alcohol.



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There are entire web sites devoted to the depiction and exaltation of sexual assault of unconscious women.

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Phase III

Instill False Trust

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Offering candy
to children:

'You can trust
me because I'm
nice to you'

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Phase IV

Physical Isolation

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- “You’re too drunk to drive. I’ll take you home.”
- “Let’s go somewhere where you can sleep it off.”
- “Let’s go somewhere quiet.”

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“Let’s go for a walk together”



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Druktenis: Example I

“I’ll give you a tour of my apartment so you can see what the upstairs one looks like inside.”



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Druktenis: Example II

“I don’t want to talk about it here. I’m going up to my apartment.”



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Druktenis: Example III

“I need some cash and I forgot my ATM card at home...”



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Phase V

The Hitchcock Moment

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Hitchcock Moment: Example 1

The Kobe Bryant Case

“When he started groping me he wasn’t so nice anymore. His voice got deeper and more stern and he became more rough with me...he jerked me around and he was squeezing me...”

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Hitchcock Moment: Example 2

The Druktenis Case

“There’s a gun in the night table drawer. You could get it and shoot me.”



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Dissecting the Non-stranger Rapist’s Modus Operandi

Serial, non-stranger sexual predators typically follow a sequence of actions:

1. Target selection
2. Grooming
3. Increasing victim vulnerability
4. Physical isolation of victim
5. Initiation of assault

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**FACING
the reality about non-
stranger rapists:**

**We need a new approach
to investigation &
prosecution**

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**Community Protection:
Targeting the Predator**

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Community Protection: Target the Predator

A lesson from history...

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Al Capone



- Dozens of murders
- Extortion; kidnapping
- Crime syndicate

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St. Valentine's Day Massacre

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Chicago Sunday Tribune
 THE WORLD'S GREATEST NEWSPAPER
 OCTOBER 25, 1931
 PRICE TEN CENTS

JURY CONVICTS CAPONE

Thomas A. Edison Dies in Sleep at 84

DEATH PAINLESS FOR MAN WHO LIGHTED WORLD

Family at Bedside When End Comes.

INJUN SUMMER

Kill Matt Koll Northwest Side Gambling czar

GANG MONARCH GUILTY ON 5 TAX FRAUD COUNTS

Faces Possibility of 17 Years in Cell.

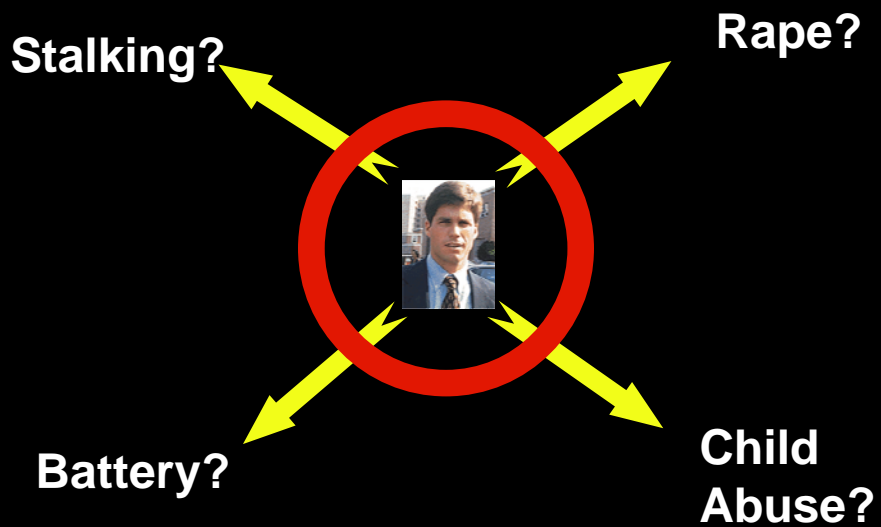
WINS FROM GO. 27-0; VICTOR, 19-0

SUMMARY

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Can Al Capone teach us anything about prosecuting predators?

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What does it mean to “target” the predator?

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